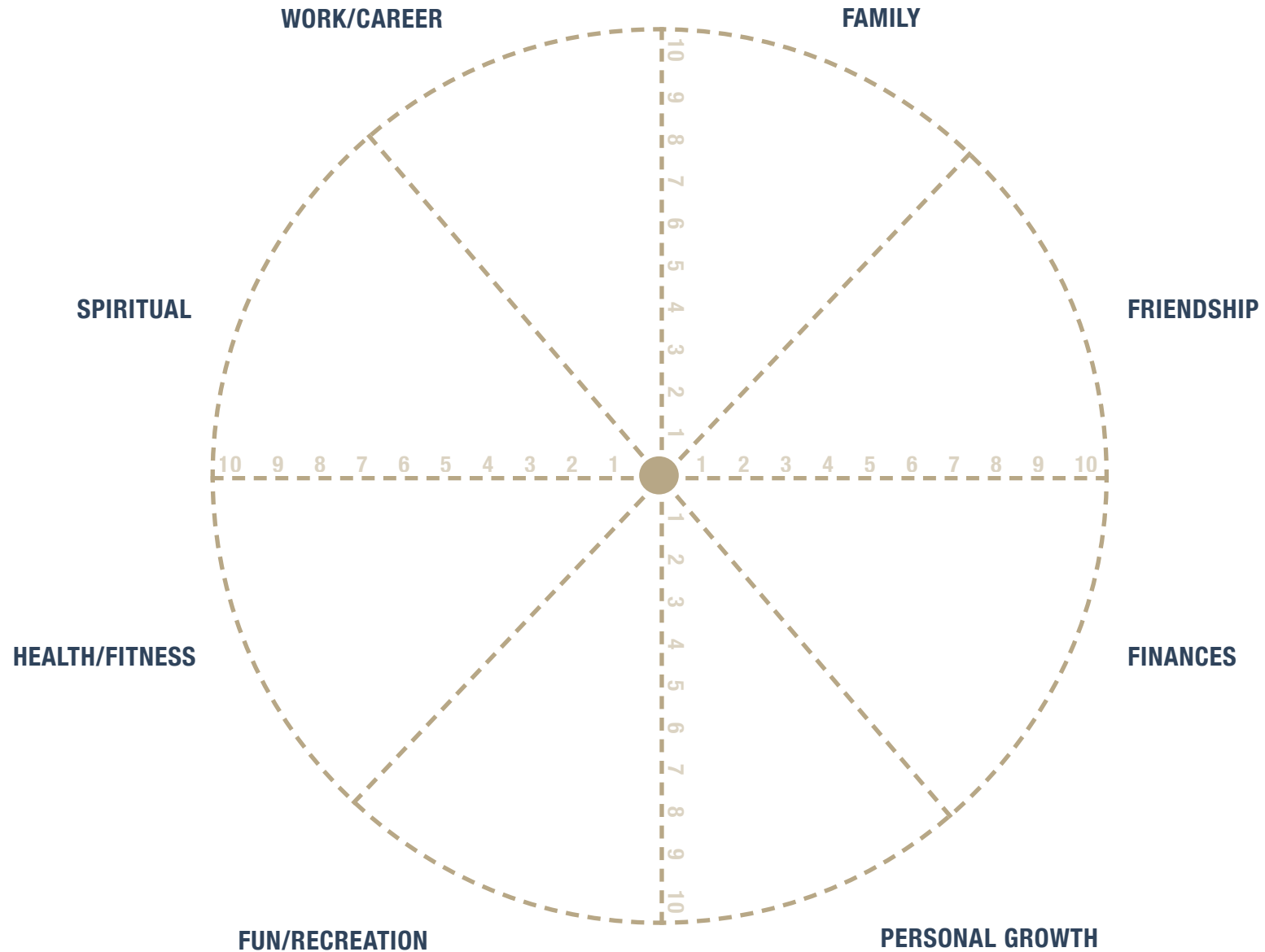


LIFE WHEEL ASSESSMENT

Rate your current level of satisfaction with each area of your life represented below from 1-10, with 10 being high in satisfaction. Draw a line across that part of the pie which corresponds to your level of satisfaction. Connect all the lines to get a picture of the wheel of your life. When you look at your life through this tool, what do you notice?



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